



BEACH FRIENDS

SENSORY CLUB



Same
Schedule
for All
Classrooms

Daily Schedule

A day full of learning, play, exploration and fun!

Our schedule provides a balance of structure and flexibility, with age-appropriate activities that support each child's social, emotional, cognitive, and physical development.



7:00 – 9:00

Arrival, Free Play & Breakfast

Children arrive, settle in and enjoy free play.
Breakfast is served (please send in breakfast from home if preferred).



9:00 – 9:30

Table Top & Small Group

Puzzles, fine motor activities, sensory bins and hands-on learning.



9:30 – 10:00

Circle Time

Songs, stories, calendar, weather and group discussions.



10:00 – 10:30

Academic & Learning Centers

Age-appropriate lessons, small groups or 1:1 with teacher.
Centers include dramatic play, blocks, library, sensory and more!



10:30 – 11:30

Outdoor Play

Time on our playground to run, climb, explore and build gross motor skills.



11:30 – 12:00

Lunch

Children enjoy lunch (from home) in their classrooms.



12:00 – 2:00

Rest Time

A quiet rest period. Children do not have to sleep,
rather we encourage them to rest their bodies.



2:00 – 2:30

Afternoon Snack

Children enjoy a healthy snack (from home).



2:30 – 3:30

Indoor/Outdoor Play & Centers

Free play, sensory activities, dramatic play, blocks,
art and classroom centers.



3:30 – 4:15

Read Aloud & Enrichment

Stories, music, movement, sensory play and enrichment activities.



4:15 – 5:00

Free Play & Dismissal

Children enjoy free play as families arrive.

